

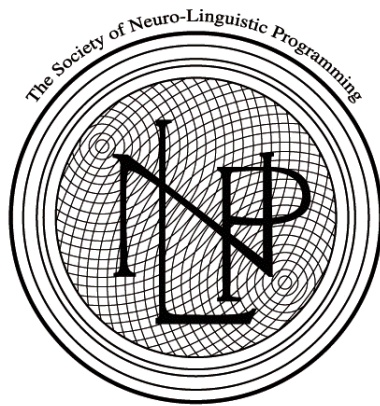
**DorisNLP**

*Where People are the Heart of the Matter*



## **Emotional Intelligence Trainer Training**

**3-day Certification**



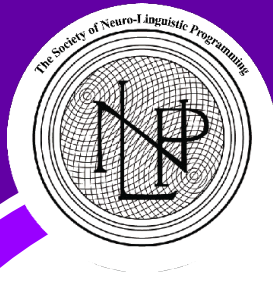
**Emotional Intelligence Trainers are in demand.**

*Create more amicable work places  
Prevent misery, arguing, conflict and stress*

*Enrich people's quality of life  
Personally & Professionally*

***Become a Rocking Emotional Intelligence Trainer  
Successfully conduct EJ Trainings right away***

**Be part of making the world a better place.**



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Emotional Intelligence becomes more and more recognized in schools and universities as a valid educational path to improve both people and business skills. Most organizations and businesses agree that Emotional Intelligence is the answer to handling today's complexity, overwhelm and multi-level demands, and to address stress and burn out.

Emotional Intelligence was created upon explorations of how much time and money gets wasted every day in conflict. Conflict is created on built up emotions that have not been dealt with and due to communication being broken based on poor listening.

As a study shows, on corporate workplace conflict in U.S. A. employees spent 2.8 hours per week dealing with conflict. This is equivalent to approximately \$359 billion paid working hours (average earnings of \$17.95 per hour), or the equivalent to 385 million working hours.

This does not even include the abhorrent cost of running investigations for disciplinaries, dismissals and the

recruitment costs to replace the dismissed.

When communication has broken down productivity is reduced or maybe even immobilized and lot of consultants and lots of money has to be wasted afterwards in fixing these problems. Emotional intelligence says, this does not have to be. Emotional Intelligence solves all these problems by teaching how to prevent this at the onset.

The world organization Gallup reports that organizations with employee engagement score 22% higher profitability, 21% higher productivity, 65% less turnover, 48% less accident and 65% higher share price in the long run. Engaged employees come from a leadership with high EI and ability to emotionally engage the work force and also its customers.

Another workplace survey on work productivity concluded the top goals to be:

- Retain people who are dedicated and have high skill levels
- Address and prevent "burn out"



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- Make the most out of people's talents
- Enhance professionalism and effectiveness in leadership
- Find and train people who have both, business orientation and high people skills

The value of building and honing amicability in the workplace and for leaders to be "people oriented" is on the

It is becoming more evident that employees are chosen for higher positions when they handle their own emotions, show positive emotions and engage emotionally for higher performance. When team members report that they enjoy talking to their boss it typically means that boss helps his team members with their emotional challenges and communicates in ways the team member feels respected. It means the leader has a higher EQ.

## Why DorisNLP Emotional Intelligence?

This Emotional Intelligence is based on the original body of knowledge of Daniel Goleman and the history of EI.

This Emotional Intelligence does not focus on problems but on outcomes. It facilitates to transform emotions right away through hands – on tools. You learn how to de-escalate charged situations and bring consensus in any daily personal or professional situations in ways that work.

It is a merger of innovative emotional mediation therapies, emotional release work and some transformational

approaches from Neuro-Linguistic Programming. It integrates childhood de-conditioning in a cut to the chase, simplistic fashion. There are seven core wounds typically buried underneath our holding patterns. Every participant gets a chance to identify their defense and core wound including an effectively healing process in just two group sessions.

This revolutionarily moves away from teaching theories and concepts; it moves away from the lengthy problem-oriented psychological approach. It



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builds the ability to feel the richness of wonderful emotions and at the same time applying the power to facilitate change quickly, powerfully and long-lastingly.

Rather than that, it focuses on building positive emotions like no other program in ways that even after 2 or 4 days of completing the program the participant is enriched to feel contentment, satisfaction, inner peace, bliss, purpose and passion, joy and happiness more to a measurable degree.

It includes Emotional release, a unique merger of the two domains of emotions and NLP.

We are committed to measurable outcomes. We produce specific training results verified by using skill and self-assessment tests.

Our EQ Skill Test goes beyond anything you have experienced. It assists you to raise your EQ (emotional quotient, see below).

It is important to us that you can bathe in safety, trust and cooperation. There will never be a boring moment in the training room.

We are committed to supporting each other's processes together with creativity, inspiration and fun.

## Emotional Intelligence Training is in demand

### Why the Need for Emotional Intelligence?

The need of trainers in EI today is high. Organization currently ask for EI training to:

- Raise skills and effectiveness of any professionals
- Enhance leadership

- Improve interactions on any level, including with customers
- Improve productivity and hence profit
- HR and LND leads are asked to lead an EI Workshop
- Many businesses, groups, team's welcome workshop on EI



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improving their emotional intelligence. Every person who works with people and everyone who interacts with others in their profession benefit from developing EI skills. Emotional Intelligence is the most powerful predictor for success in today's professional world. It is also a skill that will get you hired or promoted in the job market.

People who have:

**Business focus & efficiency together with compassion, empathy and care**

Train people to be:

**More aware. More caring. More purposeful.**

Learning emotional Intelligence and teaching others are two different subjects. One must come before the other. This emotional Intelligence program suggest including both (but can be taken separately) and is completed in 2 or 5 days.

## **Pre-requisite for the Emotional Intelligence Trainer:**

- EI Practitioner Certification – 4 days

## **Optional:**

- EI Master Certification Trainer – 2 days

## **EI trainer Certification:**

- EI trainer – 3 days

## **The Steps of the Emotional Intelligence Program**

Entrepreneurs, sales professionals, any profession helping people or in the consultancy field; whether medical, occupational or psychological ask for

### **Emotional Intelligence Practitioner**

- Identify and transform the different aspects of frustration, anger, fear, sadness, and anxiety.
- Gain transformation techniques that empower you to eliminate misery and be on top of your emotions.
- Learn to access peace, joy and happiness.





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## **Emotional Intelligence Master**

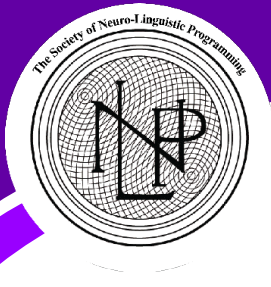
- Successfully address vicious circle patterns, compulsions, addictions and guilt.
- Learn anger release and how to reverse the phenomenon of Emotional Enmeshment.
- The Communication Cleanser; advanced emotional engagement techniques for negotiation and persuasion.

## **Emotional Intelligence Trainer**

- Excel your audience engagement.
- Conduct Emotional Release sessions.
- Instruct emotional intelligent communication.
- Design and guide EI exercises to help being on top of emotions.
- Utilize Theatre Improv and Emotion Yoga for healthy distance and control
- Learn to instruct short EI workshops as well as 1 or 2-day EI trainings.

## **Consider Becoming an EI Trainer**

- If you are from the HR or LND field and have already been asked to help with EI training, or just want to make a valuable contribution
- If you are in an organization and think you can help your department or group to improve on this Emotional Intelligence
- If you are an entrepreneur and think you may consult or train in EI
- If you are a Soft Skill or Sales Trainer and want to enrich your offerings



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- If you are a counselor or coach and would like to expand your work into giving workshops
- If you are an NLP trainer or trainer of any sort and feel passionate about teaching EI skills to add dimension and originality to your training
- If you are a leader who want to enhance your leadership skills to increase productivity

**Create a difference that makes a difference**

**Prevent misery, arguing and conflict**

**Enrich people's quality of life**

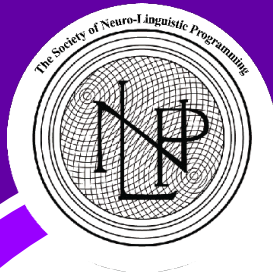
**Personally & Professionally**

Becoming an EI Trainer is an enriching addition to what you are already doing. You help people to help themselves and help others. You significantly empower people to empower teams, groups, audiences. EI opens a person up and guides them to cut to the chase of the matter, matters of the heart, matters that matter. If you feel satisfaction and reward from helping others in significant ways this training is for you.

**This training may initiate and then develop**

**a rewarding career for you:**

- Learn to instruct short EI workshops as well as up to 2-day EI trainings.
- each and conduct 1 or 2-day trainings in Emotional Intelligence (EI).
- You will be empowered to create your own curriculum.
- You will also have the choice upon an additional fee to receive the copyright to the



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## ***Become a Rocking EI Trainer. Successfully Conduct EI Trainings Right Away***

DorisNLP existing EI training format through templates, manual, ppt and materials. In this way you can conduct EI Trainings successfully right away. and the power of emotional engagement's positive effects on interactions

Don't know where to start? Learn to teach the existing format of a successful Emotional Intelligence 2-day training (including materials). You can derive several hour EI workshops or 1-day trainings from this material as well. Your NLP Master Trainer

### **Objectives**

#### **How to increase as Emotional Intelligence Leader & Trainer:**

- Relationship Focus/compassion/kindness
- Intentional use of voice/ voice training
- Optimize team and audience engagement
- Presentation Excellence

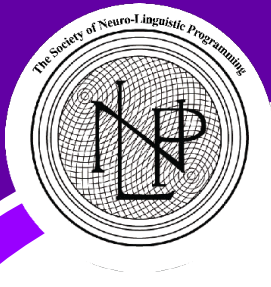
#### **How to conduct as an Emotional Intelligence Trainer:**

- Differentiating Fact and Interpretation
- Basic Transformation Techniques
- Increasing Happiness & Joy
- EI exercises that empower the participant in a measurable way

#### **How to lead as Emotional Intelligence Trainer:**

- Anger Release Sessions
- Laughter Meditations





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- Emotion Yoga, Stepping in & out of emotions
- Emotional Engagement

## More about the Trainer Dr. A. Doris Greenwood

Dr. A. Doris Greenwood is recognized for her caring, integrity, in-depth knowledge, and for the joy she brings to the training environment.

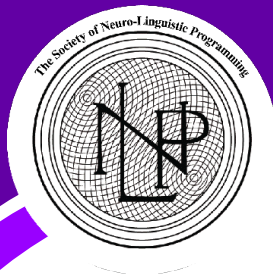
She is the only certified and certifying Master Trainer in India of the highly regarded international Society of NLP. Dr. A. Doris Greenwood has more than 34 years of experience working with people in the field of personal, emotional and spiritual development.

She is a Naturopathic Doctor and counselor from Germany, a Master in Hypnotherapy and holds numerous certifications in therapy, trauma release, Reichian bodywork and coaching.

She spent more than two decades guiding primal therapy, childhood de-conditioning and Reichian and Lowen Bioenergy and is an expert working with trauma, sexual abuse and addictions.

She has uniquely integrated the two domains Emotional Intelligence and NLP by building the ability to feel emotions, utilize their richness and at the same time facilitate change from the heart, quickly and with long-lasting results. Her purpose





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## Certification

2-day Master of Emotional Intelligence & 3-day Trainer of Emotional Intelligence - from Conscious Solutions and The Association of NLP International. Includes a complete Manual with practical applications, available at that time. Applies toward NLP Trainer certification.

### Ask for 10% Early Bird enrollment!

## Six Bonuses

**Bonus #1:** Dual Certification.

**Bonus #2:** You will be introduced to a simple but effective Emotional Quotient Skill Test in Three Segments.

**Bonus #3:** This Practitioner of Emotional Intelligence NLP certification qualifies for the NLP Master Track from DorisNLP and the Society of NLP.

**Bonus #4:** Taking this training gives you actually two trainings, as you can re-take it for free at any time in the future (for only logistical costs).

**Bonus #5:** Your Astrology Chart can be casted with your request and pre-enrollment only. It will be used only to help you optimize your potential and transformation.

**Bonus #6:** One NLP Teaching Video "Releasing Emotional Enmeshment".

**Bonus #7:** You will be supported by a strong team of people who have been certified and have their own NLP business. Together we provide you with five decades of experience in the field of NLP. Enjoy accelerated learning through kinesthetic styles, visual aids, video and sound feedback techniques that are interactive, fun and excel memorization.

## Enrollment & Registration

Deposit of Rs 5,000/- required at time of enrollment. See detailed refund policy and legal conditions in the registration form.

**Bank Name:** HDFC Bank Ltd., Blue Sea, Candolim Market, North Goa, 403515

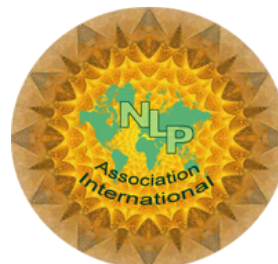
**Name:** Doris Conscious Solutions Consultancy Pvt. Ltd.

**Account No:** # 50200039049301

**Swift:** HDFCINBB

**IFSC:** HDFC0001256

We are committed for you to get most out of this training investment and to be fair and inclusive of your needs as well as efficient with your time and money.



**We invite you to this opportunity.  
Take your first step!**

Register to secure your seat at

[www.DorisNLP.com](http://www.DorisNLP.com)

or call

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+91-9049 319 471